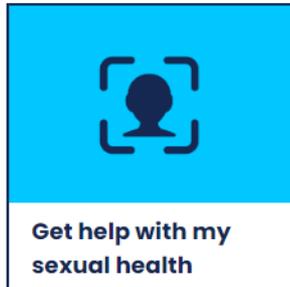




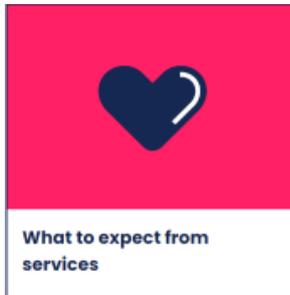
# Local service information for Relationships Sexual Health Parenthood sessions



# What is a sexual health service?



**A safe place to talk about relationships and sexual health.**



**Get free access to condoms, testing, contraception, and advice about your sexual health worries.**



**You can talk to a nurse, doctor or youth worker.**

# Aged 13 –18?

Get free, confidential access to



**Condoms**



**Pregnancy testing**



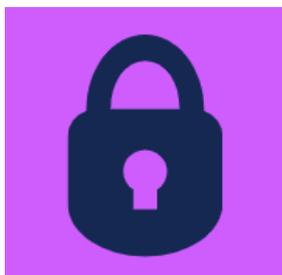
**Contraception**



**STI testing**



# Services are confidential



**This means the information a person shares is kept private.**



**If the service thinks you are being harmed or in danger they may share some information to get you support.**



**A worker should let you know if they need to share and who they will talk to.**



**Find services near  
me**

**Where can young people  
get sexual health  
services?**

## Healthy Respect + young people's clinic at

### Croft Street, Dalkeith

#### Drop-in

Tuesdays, 4pm – 7pm

Fridays, 1pm – 4pm

### Chalmers Centre (Edinburgh)

#### Drop-in

Monday to Thursdays 3:30pm to 7pm

Fridays 1pm – 3:30pm



Scan code or visit  
[bit.ly/services-lothian](https://bit.ly/services-lothian)

18 Croft Street  
EH22 3BA

**KwikFit**

healthy  
respect

**Morrisons**  
Since 1859

Google

Image capture: Dec 2020 © 2023 Google

## Schools and community drop-ins

Some areas have school and community based drop-ins.

Scan code or visit [bit.ly/services-lothian](https://bit.ly/services-lothian)



## c:card

Get free condoms at c:card points or delivered to you by post.

Visit [ccard.org.uk](https://ccard.org.uk) for details





# Your school nurse

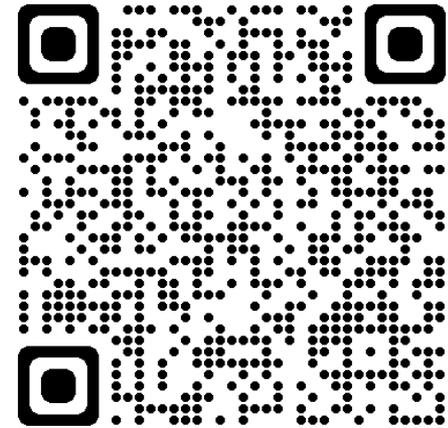
You can talk about any health, emotional health or sexual health worries

Offers same confidentiality

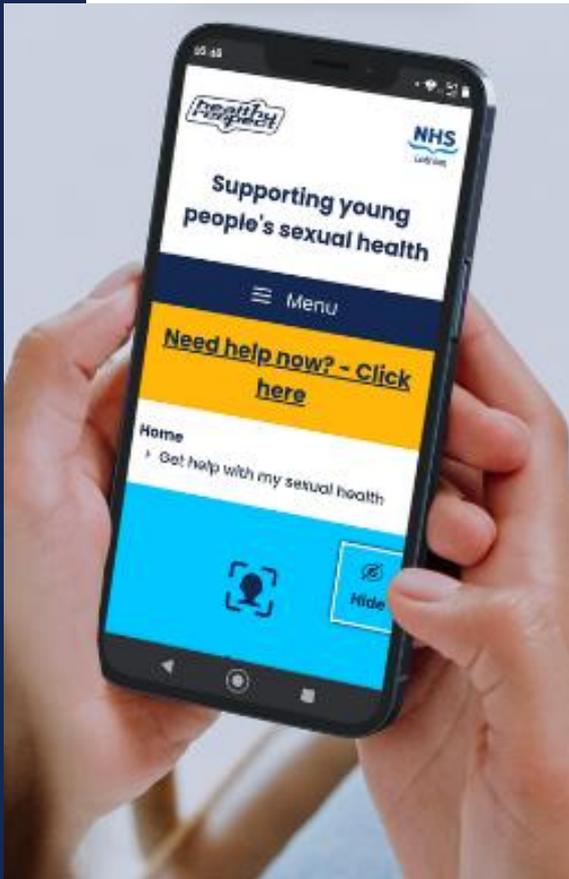
Ask to speak to them by

- Pupil Support Leader
- Teacher
- Health Zone

## Get emergency contraception from any pharmacy or clinic



Scan code or visit  
[bit.ly/services-lothian](https://bit.ly/services-lothian)



Want to know more about  
sexual health and relationships  
Scan code or visit  
[www.healthyrespect.co.uk](http://www.healthyrespect.co.uk)

